



FREQUENTLY ASKED QUESTIONS

Q. What is FLONASE® Allergy Relief, and how does it work?

A. FLONASE® is a nasal spray that works directly in the nose to relieve itchy, watery eyes, and nasal allergy symptoms for 24 hours—without a prescription. FLONASE®, an intranasal corticosteroid (INS), works to block allergic reactions to triggers such as pollen, mold, dust mites, and pets.^{1,2}

Q. Is FLONASE® Allergy Relief just as strong as prescription FLONASE®?

A. Yes. The FLONASE® that's available over the counter is the same medicine you've known and trusted for more than 20 years, at the same strength and the same adult dose.

Q. Will FLONASE® Allergy Relief make me drowsy?

A. No. While some allergy medications can cause drowsiness, FLONASE® does not.²⁻⁵

Q. How fast does FLONASE® Allergy Relief work?

A. For some people, 24-hour relief begins with the first dose. FLONASE® is quickly absorbed into the nose after it is sprayed. In some people, it starts to act in 2 to 4 hours.^{2,6-8} Most people achieve some relief in 12 hours, with maximum benefit in 3 to 4 days.⁶⁻⁸

Q. How is FLONASE® Allergy Relief different from other OTC INS nasal sprays?

A. FLONASE® is the first OTC INS indicated to treat nasal and ocular symptoms of seasonal allergic rhinitis and perennial allergic rhinitis.^{1,9,10}

Unlike other OTC nasal sprays, FLONASE® contains the #1-prescribed INS ingredient^{11*} and provides the same 24-hour nasal allergy symptom relief that has been trusted for more than 20 years.

Q. How is FLONASE® Allergy Relief different from decongestant nasal sprays?

A. FLONASE® contains the #1-prescribed INS ingredient,^{11*} and is the first OTC INS indicated to treat itchy, watery eyes.^{1,10} FLONASE® works in the nose and is minimally absorbed by the body.^{1,13,14} While decongestant nasal sprays cannot be used for more than 3 days, FLONASE® can be used every day[†] for sustained 24-hour symptom relief.^{1,15}

Q. How is FLONASE® Allergy Relief different from antihistamine pills?

A. Unlike oral antihistamines that only act on histamine, FLONASE® works to block 6 key inflammatory substances (histamine, cytokines, leukotrienes, prostaglandins, tryptases, and chemokines).¹⁶⁻¹⁹

Q. Will OTC FLONASE® Allergy Relief be covered by insurance?

A. Insurance coverage may vary—you should contact your insurance provider for coverage information.

Q. Where can I get more information about FLONASE® Allergy Relief?

A. Visit **FLONASE.com** and sign up to receive allergy updates and money-saving coupons.

*Based on IMS Health, NPA Audit MAT (October 2010-September 2016).

†When used as directed.



References: **1.** FLONASE Drug Facts Label. **2.** Data on file, GlaxoSmithKline. **3.** MedlinePlus. Clemastine. <https://medlineplus.gov/druginfo/meds/a682542.html>. Accessed December 5, 2016. **4.** MedlinePlus. Diphenhydramine. <https://medlineplus.gov/druginfo/meds/a682539.html>. **5.** MedlinePlus. Chlorpheniramine. <https://medlineplus.gov/druginfo/meds/a682543.html>. Accessed December 5, 2016. **6.** Meltzer, E. O., Rickard, K. A., Westlund, R. E., and Cook, C. K. Onset of Therapeutic Effect of Fluticasone Propionate Aqueous Nasal Spray. *Annals of Allergy, Asthma and Immunology*. 86(3): 286-291, 2001. **7.** GSK. Result Summary for Study FLN-444. <http://www.gsk-clinicalstudyregister.com/>. 12-19-2005. **8.** GSK. Result Summary for Study FLN-445. <http://www.gsk-clinicalstudyregister.com/>. 12-14-2005. **9.** Data on file, GlaxoSmithKline. **10.** WebMD. Can nasal steroids ease allergy symptoms? <http://www.webmd.com/allergies/nasal-steroids>. Accessed December 6, 2016. **11.** IMS Health Data, NPA Audit MAT (September 2010-October 2016). **12.** MedlinePlus Nasal Corticosteroid Sprays. <http://www.nlm.nih.gov/medlineplus/ency/patientinstructions/000404.htm>. Accessed December 5, 2016. **13.** Daley-Yates, P. T., Kunka, R. L., Yin, Y., Andrews, S. M. et al. Bioavailability of Fluticasone Propionate and Mometasone Furoate Aqueous Nasal Sprays. *European Journal of Clinical Pharmacology*. 60(4): 265-268, 2004. **14.** Daley-Yates, P. T. and Baker, R. C. Systemic Bioavailability of Fluticasone Propionate Administered As Nasal Drops and Aqueous Nasal Spray Formulations. *British Journal of Clinical Pharmacology*. 51(1): 103-105, 2001. **15.** Afrin Drug Facts Label. **16.** Derendorf, H. and Meltzer, E. O. Molecular and Clinical Pharmacology of Intranasal Corticosteroids: Clinical and Therapeutic Implications. *Allergy: European Journal of Allergy and Clinical Immunology*. 63(10): 1292-1300, 2008. **17.** Gelfand, E. W. Inflammatory Mediators in Allergic Rhinitis. *Journal of Allergy and Clinical Immunology*. 114(5 SUPPL.): S135-S138, 2004. **18.** White, M. V. and Kaliner, M. A. Mediators of Allergic Rhinitis. *Journal of Allergy and Clinical Immunology*. 90(4 II): 699-704, 1992. **19.** Bachert, C. and Geveart, P. Effect of Intranasal Corticosteroids on Release of Cytokines and Inflammatory Mediators. *Allergy: European Journal of Allergy and Clinical Immunology, Supplement*. 54(57): 116-123, 1999

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