

# FLONASE® SENSIMIST™ ALLERGY RELIEF DOSING<sup>1</sup>

<b>FOR ADULTS AND ADOLESCENTS 12 YEARS OF AGE AND OLDER</b>	<b>In the first week...</b>	Use 2 sprays in each nostril once daily
	<b>After the first week...</b>	Use 1 spray in each nostril once daily if symptoms are controlled
		If symptoms get worse, go back to 2 sprays in each nostril once daily
	After 6 months of daily use ask your doctor if you can keep using	
<b>CHILDREN 2 TO 11 YEARS OF AGE</b>	<b>With an adult supervising...</b>	Use 1 spray in each nostril once daily
		Ask your child's doctor if the child needs FLONASE® SENSIMIST™ longer than 2 months
<b>CHILDREN UNDER 2 YEARS OF AGE</b>	Do not use	



**Some patients may achieve symptom relief as early as 8 hours<sup>2</sup>**



**References:** **1.** FLONASE® SENSIMIST™ Drug Facts Label. **2.** Kaiser HB, Naclerio RM, Given J, et al. Fluticasone furoate nasal spray: a single treatment option for the symptoms of seasonal allergic rhinitis. *J Allergy Clin Immunol.* 2007;119(6):1430-1437.