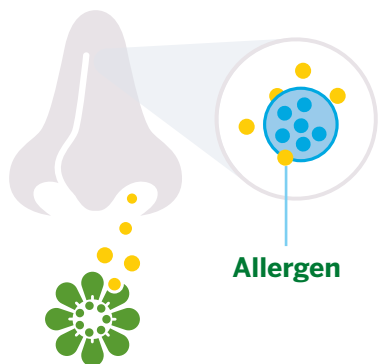
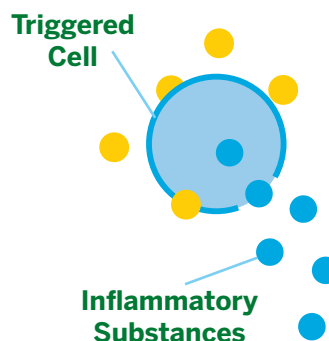


# HOW NASAL ALLERGY SPRAYS CAN HELP

## WHAT HAPPENS WHEN YOU HAVE ALLERGIES?



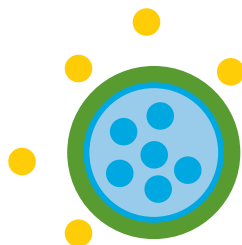
Allergies start when you breathe in allergens like pollen or pet dander. Your body mistakes the allergen for an invader, and your immune system responds.<sup>1-4</sup>



Your body's natural response is to release multiple inflammatory substances that cause your allergy symptoms.<sup>1,5</sup>

### How do nasal allergy sprays work?

Nasal allergy sprays work right in your nose to help block your allergic reaction and relieve your symptoms.<sup>1,6,7</sup>



Intranasal corticosteroid (INS) allergy sprays act on multiple inflammatory substances,\* while single-ingredient antihistamines act on histamine.<sup>1-3,8,9</sup>

INS		Single-ingredient antihistamines
✓	← Histamine →	✓
✓	← Cytokines	○
✓	← Leukotrienes	○
✓	← Chemokines	○
✓	← Prostaglandins	○
✓	← Trypsases	○

It is best to use an INS spray regularly. It may take several days for treatment with a nasal allergy spray to reach maximum effect.<sup>6</sup>

Nasal allergy sprays relieve sneezing, itchy nose, runny nose, and nasal congestion. FLONASE® Allergy Relief is the first OTC INS<sup>†</sup> spray indicated to relieve itchy, watery eyes.<sup>6,7,10,11</sup>

\* Mechanism vs most OTC allergy pills. FLONASE® acts on multiple inflammatory substances (histamine, prostaglandins, cytokines, tryptases, chemokines and leukotrienes). The exact number and precise mechanism are unknown.

† Glucocorticoid.

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