



The exact same INS ingredient as FLONASE® Allergy Relief, available over the counter at full prescription-strength



HOW TO USE CHILDREN'S FLONASE® ALLERGY RELIEF¹



Children's FLONASE® Allergy Relief works best when you use it daily as directed.

Here's how to get started.

TIP: If you are helping your child with the spray, wash your hands first.

1 Shake



Gently shake spray bottle.



Remove green cap.

2 Prime



Do this when:

- Starting new bottle
- Haven't used it in a week
- Just cleaned nozzle

Otherwise go to step 3

Aim away from face. Grasp spray bottle as shown. Pump until fine mist appears.

Pumped six times and still no mist?
Spray nozzle may be clogged.

TIP: Let your child know what to expect from each step, and to focus on the relief to come.

3 Blow



Blow nose gently to clear nostrils.



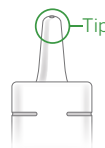
Warning

Do not spray in your eyes.
Only for use in your nose.

4 Aim



Close one nostril and put tip of spray nozzle in other nostril.



Put just the tip into your nose.



Aim slightly away from center of nose.

TIP: Have your child look down like they're reading a book.

5 Breathe and spray



While sniffing gently, press down on spray nozzle once or twice; just once for children 4-11 (according to dosing instructions). You'll feel a light mist in your nose. Breathe out through your mouth.

Repeat in other nostril.

Wipe spray nozzle with clean tissue and replace cap.

TIP: Let your child know to expect to feel a light mist in the nose.

Use for the shortest amount of time necessary to achieve symptom relief. Talk with your doctor if your child still needs to use Children's FLONASE® Allergy Relief for longer than 2 months a year for children 4-11 years of age. Children 12 years of age or older should talk to a doctor after 6 months of daily use. The growth rate of some children may be slower while using this product. An adult should supervise use.

Reference: 1. Children's FLONASE® Drug Facts label.

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